

MID-STATE

Occupational Health Services, Inc.

Sleep Apnea Testing

If you are considered high risk for a sleeping disorder such as Obstructive Sleep Apnea (OSA), you will most likely need to undergo further testing for proper diagnosis. Polysomnograms or Sleep Studies are the gold standard for diagnosing OSA. However, sleep studies can be difficult to schedule and can be expensive to undergo. An alternative screening tool is Nocturnal Pulse Oximetry. This tool will monitor your oxygen levels while you sleep at home. Nocturnal pulse oximetry tends to be more convenient and cost effective. However, if you screen positive for OSA using nocturnal pulse oximetry you will also have to undergo a full sleep study/polysomnogram.

Nocturnal Pulse Oximetry (Done at Home):

American Home Patient
1965 Lycoming Creek Rd.
Williamsport, PA 17701
(570) 323-4065

Hub's Home Health Services
600 Rural Ave.
Williamsport, PA 17701
(570) 326-6521
(800) 322-8332

Sleep Studies/Polysomnogram (Done in sleep lab)

Mount Nittany Hospital
2121 Old Gatesburg Rd. Suite #100
State College, PA 16802
(814) 231-7277

Lock Haven Hospital
24 Cree Dr.
Lock Haven, PA 17745
(570) 893-5022

Jersey Shore Hospital
1020 Thompson St.
Jersey Shore, PA 17740
(570) 237-5300

Susquehanna Health-Lycoming County
1100 Grampian Blvd.
Williamsport, PA 17701
(570) 326-8053

Evangelical Hospital
1 Hospital Dr.
Lewisburg, PA 17837
(570) 522-4275

Geisinger Sleep Medicine
109 Woodbine Ln.
Danville, PA 17821
(570) 271-6508

2605 Reach Road, Williamsport, PA 17701
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