

RESPIRATOR MEDICAL EVALUATION QUESTIONNAIRE

To the employer: Answer to questions in section 1, and to question 9 in Section 2 of Part A, do not require a medical examination.

To the employee: Can you read? (Circle one) YES / NO

Your employer must allow you to answer this questionnaire during normal working hours, or at a time that is convenient to you. To maintain your confidentiality, your employer or supervisor must not look at or review your answers, and your employer must tell you how to deliver or send this questionnaire to the health care professional who will review it.

Part A Section 1. Every employee who has been selected to use any type of respirator must provide the following information. (PLEASE PRINT)

- 1.) Today's Date: _____
- 2.) Your Name: _____
- 3.) Your ID#: _____
- 4.) Your Age (to nearest year): _____
- 5.) Sex (circle one): Male / Female
- 6.) Your height: _____ ft. _____ inches
- 7.) Your weight: _____ lbs.
- 8.) A phone number where you can be reached by the health care professional who reviews this questionnaire (including Area Code): _____
- 9.) The best time to phone you at that number: _____
- 10.) Has your employer told you how to contact the health care professional who will review this questionnaire (circle one): _____ YES / NO
- 11.) Check the type of respirator you will use (you can check more than one category):
 - a. _____ N, R, P disposable respirator (filter-mask, non-cartridge type only.)
 - b. _____ Other type (for example, half- or full-face piece type, powered-air purifying, supplied-air, self-contained breathing apparatus).
- 12.) Have you worn a respirator (Circle one): _____ YES / NO
If "Yes", what type(s): _____
- 13.) Your job title: _____

Part A Section 2. Questions 1 through 9 below must be answered by every employee who has been selected to use any type of respirator (please circle "YES" or "NO").

- 1.) Do you currently smoke tobacco, or have you smoked tobacco in the last month? _____ YES / NO
- 2.) Have you ever had any of the following conditions?
 - a. Seizures (fits): _____ YES / NO
 - b. Diabetes (sugar disease): _____ YES / NO
 - c. Chronic Bronchitis: _____ YES / NO
 - d. Claustrophobia (fear of closed-in places): _____ YES / NO
 - e. Trouble smelling odors: _____ YES / NO
- 3.) Have you ever had any of the following pulmonary or lung problems?
 - a. Asbestosis: _____ YES / NO
 - b. Asthma: _____ YES / NO
 - c. Chronic Bronchitis: _____ YES / NO
 - d. Emphysema: _____ YES / NO
 - e. Pneumonia: _____ YES / NO
 - f. Tuberculosis: _____ YES / NO
 - g. Silicosis: _____ YES / NO
 - h. Pneumothorax (collapsed lung): _____ YES / NO
 - i. Lung Cancer: _____ YES / NO
 - j. Broken Ribs: _____ YES / NO
 - k. Any chest injuries or surgeries: _____ YES / NO

- 4.) Do you currently have any of the following symptoms of pulmonary or lung disease?
- a. Shortness of breath: _____ YES / NO
 - b. Shortness of breath when walking fast on level ground or walking up a slight hill or incline: _____ YES / NO
 - c. Shortness of breath when walking with other people at an ordinary pace on level ground: _____ YES / NO
 - d. Have to stop for breath when walking at your own pace on level ground: _____ YES / NO
 - e. Shortness of breath when washing or dressing yourself: _____ YES / NO
 - f. Shortness of breath that interferes with your job: _____ YES / NO
 - g. Coughing that produces phlegm: _____ YES / NO
 - h. Coughing that wakes you early in the morning: _____ YES / NO
 - i. Coughing that occurs mostly when you are lying down: _____ YES / NO
 - j. Coughing up blood in the last month: _____ YES / NO
 - k. Wheezing: _____ YES / NO
 - l. Wheezing that interferes with your job: _____ YES / NO
 - m. Chest pain when you breath deeply: _____ YES / NO
 - n. Any other symptoms that you think may be related to lung problems: _____ YES / NO
- 5.) Have you ever had any of the following cardiovascular or heart problems?
- a. Heart Attack: _____ YES / NO
 - b. Stroke: _____ YES / NO
 - c. Angina: _____ YES / NO
 - d. Heart Failure: _____ YES / NO
 - e. Swelling in your legs or feet (not caused by walking): _____ YES / NO
 - f. Heart arrhythmia (heart beating irregularly): _____ YES / NO
 - g. High blood pressure: _____ YES / NO
 - h. Any other heart problem that you've been told about: _____ YES / NO
- 6.) Have you ever had any of the following cardiovascular or heart symptoms?
- a. Frequent pain or tightness in your chest: _____ YES / NO
 - b. Pain or tightness in your chest during physical exertion: _____ YES / NO
 - c. Pain or tightness in your chest that interferes with your job: _____ YES / NO
 - d. In the past two years, have you noticed your heart skipping or missing a beat: _____ YES / NO
 - e. Heartburn or indigestion that is not related to eating: _____ YES / NO
 - f. Any other symptoms that you think may be related to heart or circulation problems: _____ YES / NO
- 7.) Do you currently take medication for any of the following problems?
- a. Breathing or lung problems: _____ YES / NO
 - b. Heart trouble: _____ YES / NO
 - c. Blood Pressure: _____ YES / NO
 - d. Seizures (fits): _____ YES / NO
- 8.) If you've used a respirator, have you ever had any of the following problems?
(If you've never used a respirator, check the following space and go to question 9.) _____
- a. Eye irritation: _____ YES / NO
 - b. Skin allergies or rashes: _____ YES / NO
 - c. Anxiety: _____ YES / NO
 - d. General weakness or fatigue: _____ YES / NO
 - e. Any other problem that interferes with your use of a respirator: _____ YES / NO
- 9.) Would you like to talk to the health care professional who will review this questionnaire about your answers to this questionnaire: _____ YES / NO

Every employee who has been selected to use a full face piece or a self-contained breathing apparatus (SCBA) must answer questions 10 to 15 below. For employees who have been selected to use other types of respirators, answer these questions voluntarily.

- 10.) Have you ever lost vision in either eye (temporarily or permanently): _____ YES / NO
- 11.) Do you currently have any of the following vision problems?
- a. Wear contact lenses: _____ YES / NO
 - b. Wear glasses: _____ YES / NO
 - c. Color blind: _____ YES / NO
 - d. Any other eye or vision problem: _____ YES / NO
- 12.) Have you ever had an injury to your ears, including a broken ear drum: _____ YES / NO
- 13.) Do you currently have any of the following hearing problems?
- a. Difficulty hearing: _____ YES / NO
 - b. Wearing a hearing aid: _____ YES / NO
 - c. Any other hearing problems: _____ YES / NO
- 14.) Have you ever had a back injury: _____ YES / NO
- 15.) Do you currently have any of the following musculoskeletal problems?
- a. Weakness in any of your arms, hands, legs, or feet: _____ YES / NO
 - b. Back pain: _____ YES / NO
 - c. Difficulty fully moving your arms or legs: _____ YES / NO
 - d. Pain or stiffness when you lean forward or backward at the waist: _____ YES / NO
 - e. Difficulty fully moving your head up or down: _____ YES / NO
 - f. Difficulty fully moving your head side to side: _____ YES / NO
 - g. Difficulty bending at your knees: _____ YES / NO
 - h. Difficulty squatting to the ground: _____ YES / NO
 - i. Climbing a flight of stairs or a ladder carrying more than 25 lbs.: _____ YES / NO
 - j. Any other muscle or skeletal problem that interferes with using a respirator: _____ YES / NO